

Get to Know the GHCLA Board Members!



Kris

What are you currently reading?

For the past two months, I've begun each day reading for ten minutes from one of M.F.K. Fisher's books. Food and eating are universal topics, but she remembers her meals and sensations with full attention and encourages her readers to explore their own relationship to food. For me, this functions as a morning meditation, and her writing in "The Art of Eating" is a beguiling introduction.

What is your "desert island" music album?

My mind's playlist focuses on singer-songwriters such as Indigo Girls, Simon & Garfunkel, and Tracy Chapman. Their storytelling, guitar playing, and unpretentious performance combine to make it look easy, but their mastery lasts. I also play the Brandenburg Concertos almost daily, and No. 5 in D Major's three movements elate me each time.

What is your favorite hobby?

I grew up on two manicured acres, with a mother deeply committed to gardening, and vowed during my adolescence to someday live in a condominium so someone else could take care of the outside work. Fast forward several decades to living in an apartment with a view of Lake Geneva, Switzerland, and daily visits to that city's magnificent gardens, and I returned home determined to create my own garden. Tending to the soil and immersing our half acre in Garden Home with "cottagey permaculture" is my new vocation and great enthusiasm.